

The First Days of Class: Getting off on the Right Foot!



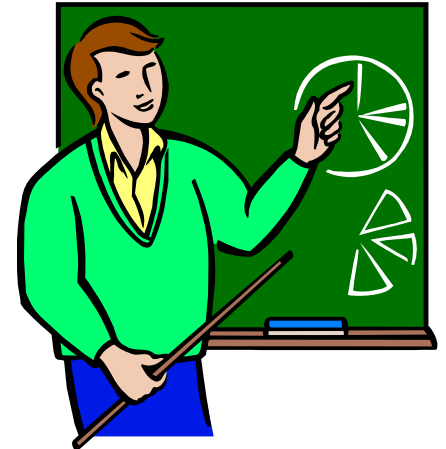
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Session Overview

- *Part I: Preparing For Class*
- **Q&A**
- *Part II: Handling The First Day!*
- **Q&A**
- **Final Discussion and Session Conclusion**





Part I: Preparing For Class

- *The “P&O”: Preparation and Organization are key!*





Preparing For Class

- **Be familiar with the material you will be teaching.**
- **Meet with your instructor.**
- **Be familiar with the classroom locations and what each room has available (AV equipment, layout, boards, etc.).**



Preparing For Class

- **Get your material ready.**
- **Create a contact list of students and update it when new students arrive.**
- **Stay organized and keep a schedule.**



Preparing For Class

- **How to Channel Excitement and Handle Anxiety!!**

- ✓ **Smile, relax, and communicate clearly.**
- ✓ **Take ten deep breaths and pause when necessary.**
- ✓ **Vary tone, gestures, talking speed, and room position.**





First Q&A Period!





Part II: Handling the First Day!

- Dress well
- Be on time!
- Greet your students :
A warming welcome!
- Introduce yourself!





Handling the First Day!

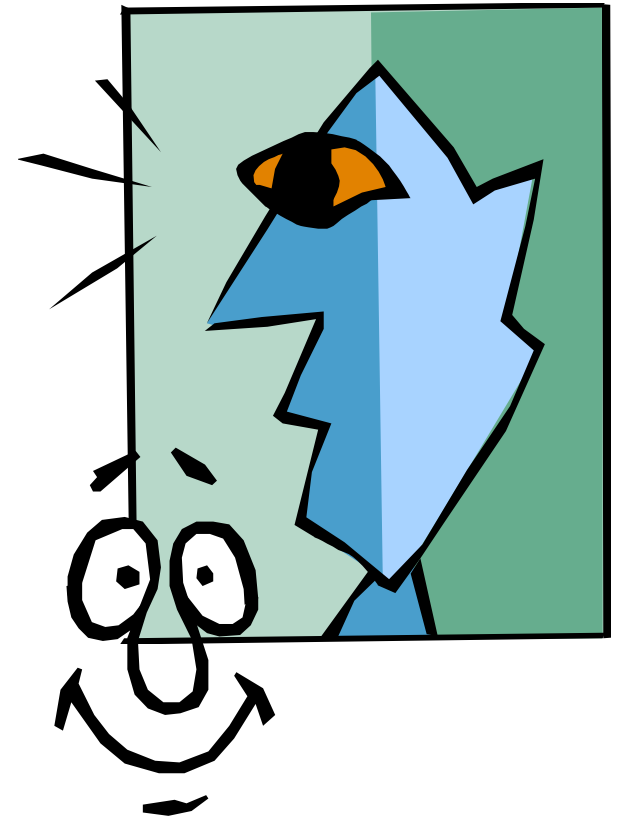
- Use an icebreaker that will take the pressure off you.
- Inform the students about the course
- Specify your expectations





Handling the First Day!

- Be enthusiastic and make eye contact!
- Tell them that you are ready to help.





Second Q&A Period!

